

Dr. Sergio Rocafort is from originally from San Juan, Puerto Rico and currently reside in Golden, CO and practice in Denver, CO. I graduated from Northwestern Health Sciences University in 2004. After graduating, I moved to Iowa and was the treating Chiropractor for the Sioux City Explorers (Independent Baseball Association) and Sioux City Musketeers (United State Hockey League) for 8 years. During my career thus far I have worked with athletes all around the United States in events which included Iron Man Competitions and the USA National Track and Field Championships. I have also participated in the two week USOC Sports Medicine volunteer program.

My frequent trips to Colorado and my rotation at the Olympic Training Center in Colorado Springs, CO brought me to Denver where I opened my clinic (Maximize Life Chiropractic) in 2014. I have been the treating Chiropractor for multiple teams and for a local Crossfit Gym: Crossfit Omnia and prepared the team for the Crossfit Games from 2016 to 2018. My passion for Sports has also led me to be partly responsible for bringing the Real Madrid Foundation to the State of Colorado where I am a certified coach.

I currently hold CCSP and ICCSP Certifications and completed all the live courses of the Sport Diplomate Program. I am also certified and specialize in Active Release Technique, Graston Technique, Acupuncture, Chiropractic Bio Physics, Whiplash Biomechanics & Injury Traumatology Advanced certification and Sport Nutrition and Performance.

In my spare time I enjoy skiing, cooking, traveling and supporting our Denver Broncos. My wife and I just welcomed our first baby daughter to the world in October, 2018.

I appreciate your consideration and it would be an honor to work and serve as a board member of this prestigious organization.