

Dr. Bryan Muth is an accomplished chiropractor and on-site wellness professional. He has been serving employees as an on-site chiropractor for over 10 years, with experience at several different companies in various work environments. When first meeting with a new wellness program participant, Dr. Bryan's initial priority is to get to know the person and gain an understanding of their individual health goals. His wellness approach centers on restoring and optimizing the body's structure and function, promoting healthy nutrition, and improving physical fitness, while also providing sound health and wellness education.

Dr. Bryan graduated from the Palmer College of Chiropractic – Florida, and along with his Doctor of Chiropractic (D.C.) license he maintains several other licenses and certifications in the areas of corporate wellness, nutrition counseling, strength and conditioning, sports and more. As a pioneer in the field of chiropractic employee wellness, his published works, speaking engagements and on-site protocols continue to help advance the profession. Most recently he has begun offering similar services on-site at major fitness franchise.

Dr. Bryan is also an accomplished professional natural bodybuilding (Men's Physique) and enjoys competing in the NPC and the NGA organizations. In his personal life he loves family time with his wife and 2 sons.