

From Olympians to pop warner athletes, Travis C. Ehlers, DC, CCSP has dedicated his career to improving the health, mobility and performance of athletes. He volunteers with the United States Olympic Sports Medicine program and San Diego Sports Medicine Foundation. The SDSMF provides injury and concussion care for high school football players who can't afford it. He was proud to be a medical staff member at the 2018 World Fire and Police Games, providing injury prevention and treatment at 60+ events for hero athletes from 70+ countries.

His work as the on-site chiropractor for the Madison High School Warhawks football team has helped bring home 2 California State Championships in 8 years. He is also the chiropractor for 3 other area high school basketball, baseball and football teams.

In the professional ranks Dr. Ehlers has been the Official Team Chiropractor for the San Diego Kings of the ABA Basketball League and starting this spring, he will be working with Major League Rugby for the San Diego Legion.

Dr. Ehlers has been an associate member of the Professional Football Chiropractic Society for the past 8 years and has served as a member for the CCSP Written Exam Committee. Dr. Ehlers is a 2005 graduate of Northwestern Health Sciences University in Bloomington, MN. He currently holds Chiropractic licensure in California and Minnesota and practices in a multidisciplinary health care clinic in San Diego, CA working with Sports Medicine and Physical Therapy.